Head Bump Injury Report

Student Name: _____ Date: _____

School: _____ Teacher/Grade: _____

Where and How Injury Occurred: _____

_____Appearance of injury: _____

SIGNS OBSERVED AND SYMPTOMS REPORTED: _____ **Time admitted to Health Room**

(symptoms assessed upon entering health room)

__yes__no	Loss of consciousness (at time of injury)	__yes__no	Headache or pressure in head
__yes__no	Confused or disoriented	__yes__no	Nausea or vomiting
__yes__no	Answers questions slowly	__yes__no	Blurred or double vision
__yes__no	Uncoordinated or more clumsy than usual	__yes__no	Sensitivity to light or noise
__yes__no	Dizzy	__yes__no	Unable to recall events *before* injury
__yes__no	Does not "feel right"	__yes__no	Unable to recall events during or *after* injury

___ Other _____

(including changes in symptoms over time)

TREATMENT:

___ Ice
___ Observation
___ Wrist Band (Elementary students only)
___ Bump washed and bandaged
___ Nurse Assessment
___ Other _____

FOLLOWING TREATMENT: _____ **Time checked out of Health Room**

Parent Notification:

____ spoke with parent _____
____ unable to contact parent
____ message left at _____(number)
____ 911 called
____ Student returned to class
____ Student sent home
____ Released to EMS
____ Other _____

Injury witnessed by: _____

Student assisted in health room by: _____

Important: *Due to the inconsistent nature of head injuries, children who have received even what is seemingly a slight bump on the head should be closely observed for at least 24 hours after the incident occurs. Signs and symptoms of a concussion can show up right after the injury or may not appear until days or weeks after the injury.*

Dear Parent:

Today, while at school, your child received an accidental bump, jolt, or hit to his/her head and/or neck.

If your child reports any of the above listed symptoms:

1. **Seek medical attention right away.** A health care professional will be able to determine if your child has had a concussion, how serious it is, and when it is safe for your child to return to normal activities.
2. **Keep your child out of play.** Concussions take time to heal. Don't let your child return to sports or PE until a health care professional says it is okay. Children who return to play too soon—while their brain is still healing—risk a second injury which could be much more serious.
3. **If your child is diagnosed with a concussion, written instruction from a Health Care Provider is needed for them to return to school.** A doctor's note or the *Return After Concussion* form, from the district web site, may be used. (On RSD website see District Departments/Health Services— forms at the bottom of page)

Note*: Parents and their doctor are responsible to determine when a student is fit to return to normal activities. The school may ask for a doctor's note following a head injury/concussion for a student to return to full participation.*

CC: [ ] Parent [ ] Health Room File [ ] School Nurse [ ] Athletic Director (secondary only)

Form Dated: 11/2013 Form information taken from CDC website: Http://cdc.gov/concussion/headsup/index.html